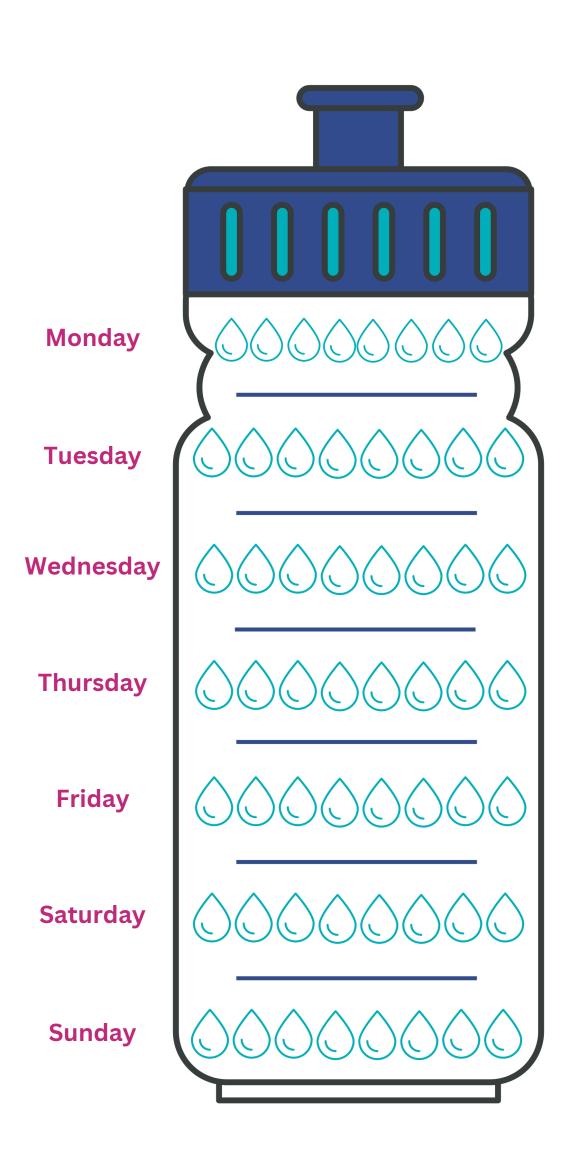




Water Tracker - Bottle

How much water do I need to drink from my water bottle?



Age	Sex	Total drinks per day
4-8	Female	1000-1400ml
years	Male	1000-1400ml
9-13	Female	1200-2100ml
years	Male	1400-2300ml
14-18	Female	1200-2500ml
years	Male	2100-3200ml



Fill in the water droplets every day to track how much water you drink throughout the week!