



## Hand Hygiene

The Tower Hamlets School Nursing Service have created resources for hand hygiene. The resources can be printed and completed to create conversations about maintaining good hand hygiene.

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# Hand Wash Word Search

Find and circle the words relating to hand washing.

M	W	A	R	M	W	A	T	E	R	H	W	I	A
P	W	R	G	A	E	E	I	R	T	G	E	S	E
T	R	A	E	A	P	D	R	L	N	L	S	E	E
W	G	L	R	H	U	G	A	N	A	E	P	E	Y
T	S	N	M	D	S	E	S	P	N	E	C	V	E
A	W	A	S	H	H	A	N	D	S	R	H	I	T
E	M	P	A	O	S	A	E	E	G	S	A	R	D
A	S	P	G	V	D	S	E	N	R	A	V	U	S
E	E	M	L	P	C	E	E	T	I	M	L	S	A
N	W	I	I	E	L	B	A	C	T	E	R	I	A
E	Y	S	B	A	E	H	D	E	E	A	G	A	T
V	V	E	G	T	A	H	E	I	I	H	W	Y	G
W	P	N	R	E	N	D	I	S	E	A	S	E	H
I	H	L	N	A	A	I	A	P	O	A	A	A	U

Wash hands

Clean

Virus

Disease

Hygiene

Bacteria

Germs

Warm water

Health

Soap



# Hand Wash Colouring In



**Wash hands with  
soap and water for  
20 seconds**



# Write a Hand Wash Song 🎵



Palm to palm

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The backs of hands

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In between the fingers

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The back of the fingers

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The thumbs

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The tips of the fingers

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On the lines beneath the pictures, make up some lyrics of a song to sing while you complete each stage of the handwashing process. You can use the tune of a song you already know, or make up your own.

Video: watch the NHS hand washing song  
[www.youtube.com/watch?v=SgVjeIWLnEg](https://www.youtube.com/watch?v=SgVjeIWLnEg)