Compass Phoenix offer support and interventions for children and young people aged 9-19 (and up to 25 for those with special educational needs or disabilities) who are experiencing mild to moderate mental health difficulties. Support for key stages 3 and  above is predominantly delivered via virtual groups, and for those under 13 we offer a digital platform. 1:1 interventions are delivered by exception where appropriate.

In order for referral to be accepted the young person must meet *at least one* of the following criteria:

* Reside in North Yorkshire (excluding the city of York)
* Registered with a GP in North Yorkshire
* Enrolled in an education setting within North Yorkshire

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| **CONSENT** |
| **A request for support can be made by young people 13 years and over. For young people under 13 years the request for support must be made by a parent/carer.****Information held on this form will be stored by Compass on a secure database and by submitting this request for support you are consenting to this.****This request for support has been discussed and consent obtained from the young person if over 13 years: Yes** [ ]  **No** [ ] **If you are 13 years or over is your parent/carer aware of the referral? Yes ☐ No ☐****If you are 13 years or over, do you consent to us contacting parent/carer? Yes ☐ No ☐** **(Please be aware that in the event of safeguarding concerns contact will be made with parent/carer)****If the boxes above have not been completed and/or the consent is not given, the form cannot be processed and will need to be returned to you** |

**Please ensure that all mandatory fields\* are completed before submitting the referral as we are unable to process referrals without this information.**

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| **WHO IS MAKING THIS REFERRAL?** |
| **Name:** | **Relationship to young person:** |
| **CONTACT DETAILS OF THE YOUNG PERSON** |
| **Legal name\*:**  | **Preferred name/ pronoun:**  |
| **Address & postcode\*:**  |
| **E-mail address:** |
| **Telephone number:**  |
| **Date of birth\*:**  | **Age:** |
| **Gender Assigned at Birth\*:** | male / female (delete as appropriate) | **Gender Identity:** | male / female / transgender / non-binary/ I describe myself in some other way / prefer not to say (delete as appropriate) |
| **Ethnicity:**  |
| **Correspondence will be by e-mail, telephone or letter unless you state otherwise:** |
| **CONTACT DETAILS OF PARENT/ CARER or SIGNIFICANT OTHER** |
| **Name including title\*:**  | **Relationship to young person:** |
| **Address & postcode (if different to the young person)\*:** |
| **E-mail address\*:** |
| **Telephone number\*:** |
| **EDUCATION DETAILS** |
| **Name of the education setting or other provision\*:**  |
| **Name of key contact / member of staff:**  |
| **Contact telephone number:**  | **Email address:** |
| **GP DETAILS** |
| **Name of G.P surgery\*:** |

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| **Phone Number:** | **Email address:** |

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| Stress |[ ]  Feelings of anger |[ ]
| Bullying |[ ]  Self-harm | [ ]  |
| Anxiety |[ ]  Body image |[ ]
| Low mood |[ ]  Eating problems |[ ]
| Self-esteem |[ ]  Bereavement/loss |[ ]
| Social isolation |[ ]  Suicidal thoughts |[ ]
| Other (please give details): |

**Please tick ONE which is the main presenting need / problem:** |

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| --- | --- |
| Stress |[ ]  Feelings of anger |[ ]
| Bullying |[ ]  Self-harm | [ ]  |
| Anxiety |[ ]  Body image |[ ]
| Low mood |[ ]  Eating problems |[ ]
| Self-esteem |[ ]  Bereavement/loss |[ ]
| Social isolation |[ ]  Suicidal thoughts |[ ]
| Other (please give details):**Please give a brief description about what you would like support with:** |

**Please tick any other problems:** |

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| **On a scale of 1 – 10, please indicate how much this impacts on your ability to go about your day-to-day life:**1 being not at all, and 10 being very much |
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|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |  |
|  |[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]   |

 |
|  Not at all Very much |

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| **Please email your completed Request for Support form to: phoenix@compass-uk.org****Once in receipt of your email Compass store client information securely however Compass cannot accept responsibility for the security of your details while the email is in transit.** |