

## Draft Awareness Days Calendar for 2022.

### Celebration days for major religions

Islam – Ramadan, Eid

Sikh - Vaisakh, Diwali

Christian – Good Friday/Easter Sunday, Christmas

Jewish - rosh Hashanah, Hanukkah

Hindu - Diwali

Buddhist – Diwali

Full list provided				
January 22				
21 Jan	National Hug Day	<a href="https://www.awarenessdays.com/awareness-days-calendar/national-hug-day-2022/">https://www.awarenessdays.com/awareness-days-calendar/national-hug-day-2022/</a>		
27 Jan	Holocaust Memorial Day	<a href="https://www.hmd.org.uk/what-is-holocaust-memorial-day/">https://www.hmd.org.uk/what-is-holocaust-memorial-day/</a>		E/I
February 22				
All month	LGBT History month	<a href="https://lgbtplushistorymonth.co.uk/">https://lgbtplushistorymonth.co.uk/</a>	2022 sees the 50th anniversary of the very first Pride March in the UK in 1972. A popular slogan of the early Gay Rights Movement (the idea of the 'LGBT' community was some way off) of the time was "the personal is political", and art is probably the most individual of pastimes. So it seemed logical, as we have a National Curriculum link to our theme every year, to choose Art for 2022.	
1 <sup>st</sup> Feb	Chinese New Year	<a href="https://www.timeanddate.com/holidays/uk/chinese-new-year">https://www.timeanddate.com/holidays/uk/chinese-new-year</a> Year of the Tiger!		E/I

7-13 Feb	Children's Mental Health Week	<a href="https://www.childrensmentalhealthweek.org.uk/">https://www.childrensmentalhealthweek.org.uk/</a> by Place to Be??	Place2Be!! Children's Mental Health Week is taking place on <b>7-13 February 2022</b> . This year's theme is <b>Growing Together</b> . We will be encouraging children (and adults) to consider how they have grown, and how they can help others to grow.	??
March				
All		<a href="https://www.manchesterpride.com/blog/bisexual-health-awareness-month:-what-it-means-to-be-bi+">https://www.manchesterpride.com/blog/bisexual-health-awareness-month:-what-it-means-to-be-bi+</a>	Bisexual health awareness month	
3 mar		World Book Day		
8 Mar	Int Women's Day	<a href="https://www.internationalwomensday.com/IWD2021">https://www.internationalwomensday.com/IWD2021</a>	International Women's Day is celebrated annually on March 8, yet the <b>global campaign theme</b> continues all year long to encourage action. The International Women's Day website is the go-to hub for everything IWD and provides detailed information, guidance and free resources.	
14- 16 Mar	Nutrition and Hydration Week	<a href="https://nutritionandhydrationweek.co.uk/">https://nutritionandhydrationweek.co.uk/</a> <a href="https://nutritionandhydrationweek.co.uk/resources/">https://nutritionandhydrationweek.co.uk/resources/</a>		
April				
All	Stress Awareness Month	<a href="https://www.stress.org.uk/stressawarenessmonth/">https://www.stress.org.uk/stressawarenessmonth/</a> <a href="https://www.awarenessdays.com/awareness-days-toolkit/">https://www.awarenessdays.com/awareness-days-toolkit/</a>	According to the Mental health Foundation 74% of UK adults have felt so stressed at some point over the last year they felt overwhelmed or unable to cope.  Millions of us around the UK are experiencing high levels of stress and it is damaging our	

			health. Stress is one of the great public health challenges of our time, but it still isn't being taken as seriously as physical health concerns. Stress is a significant factor in mental health problems including anxiety and depression	
All	World Autism Acceptance Week	<a href="https://www.autism.org.uk/get-involved/raise-money/world-autism-acceptance-week-2022">https://www.autism.org.uk/get-involved/raise-money/world-autism-acceptance-week-2022</a>	Organised by the National Autistic Society, it stands alongside World Autism Awareness Day as the flagship awareness event for Autism worldwide.	
2 April to 1 May	Ramadan	<a href="https://www.islamic-relief.org.uk/about-us/what-we-do/ramadan/ramadan-timetable/#">https://www.islamic-relief.org.uk/about-us/what-we-do/ramadan/ramadan-timetable/#</a>		E/I
14	Vaisakh	<a href="https://www.sikhiwiki.org/index.php/Vaisakh">https://www.sikhiwiki.org/index.php/Vaisakh</a>	Sikhs will visit places of worship called Gurdwaras. These will also be especially decorated for the occasion.	E/I
April 15-18	Easter	<a href="https://www.officeholidays.com/holidays/united-kingdom/easter-sunday">https://www.officeholidays.com/holidays/united-kingdom/easter-sunday</a>	Friday April 15 <sup>th</sup> – Monday April 18 <sup>th</sup> (Good Friday, Easter Sunday and Easter Monday)	E/I
<b>May</b>				
2 - 3 May	Eid	<a href="https://publicholidays.co.uk/eid-al-fitr/">https://publicholidays.co.uk/eid-al-fitr/</a>	Muslims celebrate Eid ul-Adha to commemorate Ibrahim's willingness to sacrifice his son Ishmael to God. It is also called Eid al-Adha, Greater Eid, Sacrifice Feast, or simply Eid.	<b>E/I</b>
9-15 May	Mental Health Awareness Week	<a href="https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week">https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week</a>	Resources - <a href="https://www.nationalchildrensdayuk.com/media-pack.html">https://www.nationalchildrensdayuk.com/media-pack.html</a>	
15 May	National Children's Day	<a href="https://www.nationalchildrensdayuk.com/">https://www.nationalchildrensdayuk.com/</a>	Hosted by <a href="https://www.savechildhood.net/">https://www.savechildhood.net/</a> is all about the importance of a healthy childhood, and how we need to protect the	

			rights and freedoms of children and young people.	
17	The International Day Against Homophobia, Transphobia and Biphobia	<a href="https://may17.org/">https://may17.org/</a>	The International Day Against Homophobia, Transphobia and Biphobia was created in 2004 to draw the attention to the violence and discrimination experienced by lesbian, gay, bisexual, transgender, intersex people and all other people with diverse sexual orientations, gender identities or expressions, and sex characteristics.	
25 May	World Bedwetting Day	<a href="https://www.bbuk.org.uk/world-bedwetting-day/">https://www.bbuk.org.uk/world-bedwetting-day/</a>	The Bladder & Bowel UK team aims to improve awareness and solutions to bladder and bowel problems across the nation. We offer a range of resources and leaflets, <a href="#">continence supplies online</a> , a <a href="#">directory of bladder and bowel products</a> , free confidential advice via our <a href="#">Bladder &amp; Bowel UK helpline</a> , and <a href="#">training days</a> for healthcare professionals.	
June				
All TBA	Pride month	Dates differ in diff areas		
5th	HIV long-term survivors awareness day	<a href="https://www.hiv.gov/events/awareness-days/hiv-long-term-survivors-day">https://www.hiv.gov/events/awareness-days/hiv-long-term-survivors-day</a>	Appears to be US only	
20-26th	Learning Disability Week	<a href="https://www.mencap.org.uk/LDWeek">https://www.mencap.org.uk/LDWeek</a>		
July				

11 <sup>th</sup> – 17 <sup>th</sup>	Non-Binary awareness day	<a href="https://www.stonewall.org.uk/about-us/news/10-ways-step-ally-non-binary-people">https://www.stonewall.org.uk/about-us/news/10-ways-step-ally-non-binary-people</a>	Non-binary is an umbrella term for people whose gender identity doesn't sit comfortably with 'man' or 'woman'. Non-binary identities are varied and can include people who identify with some aspects of binary identities, while others reject them entirely. Non-binary people can feel that their gender identity and gender experience involves being both a man and a woman, or that it is fluid, in between, or completely outside of that binary.	
16th	international drag day	<a href="https://www.facebook.com/intdragday/">https://www.facebook.com/intdragday/</a>		
<b>August</b>				
TBA (August 30 <sup>th</sup> 21)	Grief Awareness Day	<a href="https://www.daysoftheyear.com/days/grief-awareness-day/">https://www.daysoftheyear.com/days/grief-awareness-day/</a>		
<b>September</b>				
7 Sept	Youth Mental Health Day	<a href="https://stem4.org.uk/youthmentalhealthday/">https://stem4.org.uk/youthmentalhealthday/</a>		
16 <sup>th</sup> – 22 <sup>nd</sup>	Bisexual awareness Week	<a href="https://mindout.org.uk/why-is-bisexuality-awareness-week-so-important-by-dominic-arnall-chair-of-mindout/">https://mindout.org.uk/why-is-bisexuality-awareness-week-so-important-by-dominic-arnall-chair-of-mindout/</a>		
23	Bisexual visibility day	<a href="https://bivisibilityday.com/">https://bivisibilityday.com/</a>	Bi Visibility Day raises bi awareness and challenges bisexual & biromantic erasure. 2021 will be the 23nd year that we have celebrated bisexual life on 23 September	

24 Sept – 1 oct	Sexual health week	<a href="https://ukpublichealthnetwork.org.uk/events/sexual-health-week-2022-09-24/">https://ukpublichealthnetwork.org.uk/events/sexual-health-week-2022-09-24/</a>	The UK Public Health Network is a collaboration of umbrella organisations representing public health across the four nations of the United Kingdom.	
25-27 Sept	rosh hashanah 2022	Jewish new year <a href="https://www.hebcal.com/holidays/rosh-hashana-2022">https://www.hebcal.com/holidays/rosh-hashana-2022</a>	Rosh Hashanah (Hebrew: ראש השנה), (literally "head of the year"), is the Jewish New Year. It is the first of the High Holidays or Yamim Noraim ("Days of Awe"), celebrated ten days before Yom Kippu	E/I
October 22				
All	Black history month	<a href="https://www.blackhistorymonth.org.uk/">https://www.blackhistorymonth.org.uk/</a>		E/I
24	Diwali	<a href="https://www.learnreligions.com/when-is-diwali-1539426">https://www.learnreligions.com/when-is-diwali-1539426</a>	Observance, Hindu, Sikhs, Buddhists	E/I
10 Oct		<a href="https://www.mentalhealth.org.uk/campaigns/world-mental-health-day">https://www.mentalhealth.org.uk/campaigns/world-mental-health-day</a>	The <u>World Health Organisation</u> recognises World Mental Health Day on 10 October every year.	
November 21				
All	Islamaphobia awareness month	<a href="https://www.islamophobia-awareness.org/">https://www.islamophobia-awareness.org/</a>	??	
8 <sup>th</sup>	Intersex day of remembrance	<a href="https://www.internationaldays.co/item-detail/intersex-day-of-remembrance-2022/r/recqbGUqQObNzkABE">https://www.internationaldays.co/item-detail/intersex-day-of-remembrance-2022/r/recqbGUqQObNzkABE</a>		
		<a href="https://www.un.org/en/observances/human-rights-day">https://www.un.org/en/observances/human-rights-day</a>	UN - Human Rights Day is observed every year on 10 December — the day the United Nations General Assembly adopted, in 1948, the <u>Universal</u>	

			Declaration of Human Rights (UDHR). The UDHR is a milestone document, which proclaims the inalienable rights that everyone is entitled to as a human being -	
13-19	Trans awareness week	<a href="https://www.glaad.org/transweek">https://www.glaad.org/transweek</a>	The week before Transgender Day of Remembrance on November 20, people and organizations around the country participate in <b>Transgender Awareness Week</b> to help raise the visibility of transgender people and address issues members of the community face.	
14-21 nov	Interfaith week	<a href="https://www.interfaithweek.org/news/news">https://www.interfaithweek.org/news/news</a>		
18-25 nov	Children's Grief Awareness Week UK	<a href="http://www.childrensgriefawarenessweek.com/">http://www.childrensgriefawarenessweek.com/</a>	Grief Encounter	
19 nov	International Men's Day	<a href="https://internationalmensday.com/">https://internationalmensday.com/</a>	International Men's Day website is sponsored by the Dads4Kids Fatherhood Foundation.	
December				
1st	World Aids Day	<a href="https://www.worldaidsday.org/about/">https://www.worldaidsday.org/about/</a>		
10	Human rights day	<a href="https://www.un.org/en/observances/human-rights-day">https://www.un.org/en/observances/human-rights-day</a>	UN - Human Rights Day is observed every year on 10 December — the day the United Nations General Assembly adopted, in 1948, the <u>Universal Declaration of Human Rights</u> (UDHR). The UDHR is a milestone document, which proclaims the inalienable rights that everyone is entitled to as a human being -	
19th	Hanukkah	<a href="https://www.timeanddate.com/holidays/uk/chanukah">https://www.timeanddate.com/holidays/uk/chanukah</a>	Hanukkah, or Chanukah, is an 8-day Jewish celebration often referred to as the Festival of Lights. Jewish people in the UK celebrate this	E/I

			holiday by lighting candles, exchanging presents, and eating fried foods.	
25th	Christmas			E/I