

# Anti-Bullying Week 2022 toolkit

Anti-Bullying Week takes place this year from 14th to 18th November. This year, the theme for the week is 'reach out' – encouraging everyone to come together and reach out to others to stop bullying.

In order to encourage pupils to reach out and unite against bullying, it's crucial that the school environment is safe and supportive for pupils.

If a child feels safe and supported at school, it makes it easier for them to ask for help if they need it, and creates a sense of community among pupils and staff.

In this toolkit, we're sharing resources for Anti-Bullying Week. There are resources for pupils, which will get them thinking about how to support one another, and resources for staff about how to create a safe school environment free of bullying.

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# **Resources**

## **For pupils**

### **[Anti-Bullying Week 2022: primary school pack](#) – Anti-Bullying Alliance**

The official primary school pack for Anti-Bullying Week, which includes a lesson plan, assembly plan, poster and more.

### **[Bullying: what can I do? video and accompanying guidance](#) - RespectMe**

A short video with accompanying guidance from anti-bullying charity RespectMe, giving children information and advice about dealing with bullying.

### **[Appreciation circles: celebrating ourselves and others](#) – Mentally Healthy Schools**

This appreciation circle activity encourages children to appreciate positive attributes and qualities in everyone, recognising differences and similarities and building friendships.

### **[Reach out primary activities](#) - Bullies Out**

A series of classroom activities for primary-aged children, focusing on this year's theme of 'reach out'.

## **For staff**

### **[Create a safe environment for pupils and staff](#) – Anna Freud Centre**

A short guide for schools and colleges about ensuring a safe environment for pupils and staff, considering emotional safety alongside physical safety.

**[Example of an anti-bullying policy statement](#) - NSPCC**

An example of the key points that should be covered in your organisation's anti-bullying policy.

**[How to create and use a "safe space" in schools](#) - Education Gateshead**

Advice and guidance on creating and using safe space in schools.

**[Creating a safe, inclusive and supportive learning environment](#) - British Red Cross**

A guide to supporting your students as they discuss sensitive or challenging content.



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