

Schools Newsletter



Helping you find your way to wellbeing
NEL Mental Health Support Teams

MAY 2021

TEAM MEMBER OF THE MONTH

Hi, my name is Shaun and I am a Education Mental Health Practitioner here at Compass GO... I have always had an interest in mental health and in empowering people to help them face challenges in their life. I have previously worked in behaviour management as a Health Trainer and as a Family Support Worker. My interests outside of work include socialising, reading, watching TV and gaming!



GET IN TOUCH

☎ 01472 494250

✉ NELINCSMHST@Compass-uk.org

🌐 compass-uk.org/services/north-east-lincolnshire-mhsts-new/

School referral process

As you will be aware from our Service Manager Laura's email on 21st May, the Compass GO...team are progressing to deliver on the Whole School Approach Interventions. From September 2021 we will be looking to provide POD interventions (targeted group work) for each of your individual schools and with this in mind can support more Children and Young people with this intervention. This does however mean that we will only be accepting school referrals that have been discussed with your Compass GO... Link worker in your monthly Link sessions. Any referrals that are not discussed in the link session will be sent back to be discussed in the following one. This will help to support the child or young person to access the first service in the first instance.

If you have any queries regarding this, please email Laura directly (Laura.Lockett@Compass-uk.org) If you require an up-to-date referral form, please email the team at NELINCSMHST@Compass-uk.org.

Thank you all for your continued support!



Staff Update

We are excited to let you know that our new Team Leader, Leanne Cook is starting with us at the beginning of June. We cannot wait to welcome her to the team, she will be an asset to our MHST and our fantastic team!

Our Trainee EMHP's and Supervising Practitioners are currently undergoing assignments and assessments at university and are also doing incredibly well, Well done to you all!

Covid-19 Update

We resumed face to face support as soon as the schools reopened in March, and this is still our utmost priority if it is possible and safe to do so. Our team are also slowly returning to our offices in a gradual but safe way.

Staff wellbeing

Compass GO... staff have been making the most of the 'Compass Wellbeing Booster Scheme' that was announced in January and has now been extended until the end of September!

The wellbeing booster scheme was introduced the pandemic has affected so many people's wellbeing for a long period of time and Compass wanted to make sure they are supporting our staff's wellbeing. All staff are encouraged to continue with existing long term structured activities or try new things to look after their wellbeing and Compass will reimburse up to 50% of the activity costs up to £20!

The Compass GO Team have been trying new and existing activities like:

- Gym
- Swimming
- Personal Training
- Reflexology



Above is a beautiful picture of the Parachute waiting area at 'Time for you' reflexology treatments whilst one of our staff members was waiting for their wellbeing booster treatment!