



Schools Newsletter



Helping you find your way to wellbeing
NEL Mental Health Support Teams

February 2021

TEAM MEMBER OF THE MONTH

“Hi, I’m Lauren! I am an Education Mental Health Practitioner working at Compass GO... I am passionate about improving access to mental health support for children and young people and am very excited to be working with schools, colleges and other services to make this possible. I have a psychology and education background and have worked in a mainstream school as a Teaching Assistant and in the community as a Care Worker. Most recently I have worked within the NHS in adult mental health and autism. Outside of work, I enjoy running, arts and crafts and spending time with my family and cat.”



GET IN TOUCH

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Covid 19- Update



We are delighted to inform you that face to face support in schools can resume after the government announcement stating schools can reopen from 8th March 2021. During this time, our virtual offer will also still stand where it is needed.

We also want to offer our reassurance that although this will be a challenging time as many have had a considerable amount of time out of routine, we are here to support! We will be getting in touch with schools to provide an updated risk assessment so we can complete our COVID check list and safely deliver our support. We will also share with you our Covid code of conduct, so you know what to expect from us including our PPE guidelines.



Staff wellbeing Webinars

As you are aware from our January newsletter, we did some research to investigate staff wellbeing in schools and colleges throughout the third lockdown. Thank you to those who helped as this has enabled us to provide accessible wellbeing support to educational staff during these unprecedented and challenging times.

During March we will be running 4 webinars on various topics highlighted during our research, to find out more and book on please visit

www.compass-uk.org/compass-go-webinars/



Staffing updates

This month we have welcomed our 5 new Trainee Education Mental Health Practitioners for the next wave of our MHST and they have now started University, they have settled in well albeit virtual! Our new supervising practitioner will be joining us 1st March which we are all looking forward to! We look forward to introducing them to you through our newsletters and when we are back into schools!

“Express yourself” Competition Winners



We had over 100 fantastic our Children’s Mental Health Week “Express yourself” competition. It was hard to pick just one winner, so we also decided to give the top 10 a little prize to say thank you for their efforts! After a team vote we did pick our winner for each category...

Elsie from Lisle Marsden created Seth the Sloth who won the Primary Category!

Imogen from Oasis Academy Wintringham created Ari who won the Secondary Category!

We hope you both enjoy spending your £20 amazon vouchers. Thank you to everybody who took part. Don’t forget to look out for these mascots on our social media and paperwork!

