

Our service explained

For professionals

What is Connect for Health?

Connect for Health is the school nursing service for Warwickshire. We support school-age children and young people (aged 5-19, or up to 25 for those with SEND) and their parents/carers with a wide range of health & wellbeing topics.

We deliver key elements of the Healthy Child (5-19) programme, including facilitating the National Child Measurement Programme (NCMP) in reception and year 6 and completing online Health Needs Assessments (HNAs) with pupils in reception, year 6 and year 9.

In addition, we promote key Public Health Campaigns via sessions in schools and resources sent by email to community contacts.

We also directly support children, young people and parent/carers via one-to-one appointments and group interventions such as workshops. These are delivered by our team of school nurses, nurses and supporting healthcare professionals.

What can Connect for Health help with?

As a professional, we would encourage you to refer children, young people and families to our service if you are aware support is needed with health or wellbeing. You would need to gain their consent to do this. Topics we can help with include:

- Contenance - we provide parent/carer workshops for both mainstream and SEND pupils on this topic, as well as one-to-one support.
- Sleep.
- Behaviour.
- Healthy eating & physical activity - the Change Makers healthy lifestyles team are part of our service and can provide support to both schools and individuals.
- Dental health.
- Friendships and relationships.
- Bullying.
- Anxieties about changing schools.
- Parenting.
- Fussy eating.
- Emotional wellbeing, including stress and anxiety.

You can access our referral criteria and downloadable referral form on our service webpage: www.compass-uk.org/services/c4h. Alternatively, get in touch using the details overleaf for support with referrals or more information about any of the services outlined on this handout.

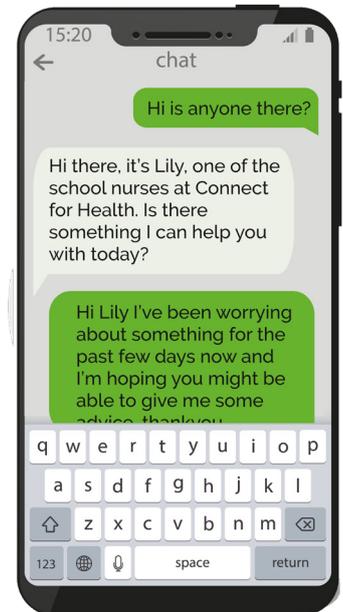


Our text messaging services

Young people aged 11-19 (or up to 25 with SEND) and parents/carers of school-aged children have the opportunity to text a school nurse for support via our text messaging services. Please share these details with young people and parents/carers, particularly if you are aware they have concerns around health and wellbeing.

ChatHealth (for young people): **07507 331 525**

Parentline (for parents/carers) **07520 619 376**



Individual healthcare plans and medical training

Our school nurses complete individual healthcare plans for children and young people whose medical condition impacts their school day. This includes (but is not limited) to epilepsy and severe allergies.

- If a child has a specialist nurse, this is the best placed professional to write the individual healthcare plan, however, the school nurse can liaise and support as necessary. We would also work with parents/carers and the pupil when creating the plan.
- The responsibility for ensuring individual healthcare plans are written and kept up to date lies with the school and school should ensure the plan is signed by the parent/carer and kept alongside any rescue medication.



We offer online training to teaching staff in the management of asthma, anaphylaxis and epilepsy awareness. First aid training is not included in this and should be sought from elsewhere. Where a child has epilepsy and is prescribed buccal midazolam, we can also provide training on administering this.

Safeguarding

Connect for Health has a responsibility to identify any safeguarding concerns in children and young people we have contact with and to follow local and national safeguarding guidance to ensure they are protected from the risk of significant harm.

We will attend safeguarding meetings where there is an identified health need for children and young people and will assess these needs via a Holistic Health Assessment which is shared with parent/carers. This will then be discussed at any safeguarding meetings to ensure the child/young person's unmet health needs are addressed and support is provided.

Connect for Health are here to support you and the children, young people and families you work with. If you have any questions or require help from our team, please don't hesitate to get in touch.



Email us: connectforhealth@welearn365.com

Call us: 03300 245 204

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