

CYPDAS NEWSLETTER 4/09/20

Compass CYPDAS will now be sharing a newsletter every two weeks, providing service updates, contact details, and a feature piece on different substances to raise awareness amongst children and young people.

ABOUT US

We provide support for Warwickshire children and young people under 25 who are vulnerable to substance use or have been affected by another's substance use. The service is free and confidential.

ADAPTED SERVICES DURING COVID-19

We continue to support our children and young people, using different forms of media to keep in regular contact. We are still accepting new referrals through the usual means. We are now also starting to see our young people again with social distancing in place.

Our Referral Process is as follows:

- Signed (by young person) Referral form accepted into service via secure email or post (verbal consent accepted during this time)
- Confirmation provided to the referrer upon receipt of referral
- Allocation of referral within 24 hours
- Initial contact offered and arranged within 5 working days of referral receipt - Consent obtained at this time to proceed
- Holistic Health Assessment completed informing level of intervention required

If you are worried about a friend, family member or yourself and are after some more information, please get in touch:

Service mainline: 01788 578 227

Text ChatHealth: 07507 331 525 (for ages 11-19)

Email: compass.warksyps duty@nhs.net

Instagram: @compasswarksyp

We can deliver face to face drug awareness sessions safely within schools. Please contact us to find out more about how we can support your PSHE curriculum throughout different year groups. We can also provide workforce training for pastoral, safeguarding and teaching staff to upskill and spots signs of substance misuse earlier.

OUR SERVICE

We are commissioned by Public Health Warwickshire to provide countywide support for children and young adults up to the age of 25 who are at an increased vulnerability to misusing substances or who are/have been affected by another's substance use.

This includes young people who have been identified as vulnerable to developing problematic substance use or dependency and associated risk taking behaviours. We directly work with 'at risk' and priority groups of children and young people (e.g. CLA, young carers, NEET, truants/excludees, children affected by parental substance misuse, mental health and domestic violence and abuse).

WHAT WE OFFER

We deliver targeted and specialist interventions including:

- Age appropriate information and advice
- Holistic assessment
- Structured care planning
- Harm reduction
- Family work, including parents evenings/forums
- Health promotion and prevention
- Early intervention
- Transitional care (young adults, 18-24 years old)
- Hidden harm (affected by another's use, aged 5 upwards)
- One to One support
- Group work in schools, colleges and youth clubs
- Workforce training, development and consultation for professionals

