

CYPDAS NEWSLETTER 16/10/20

Compass CYPDAS will now be sharing a newsletter every two weeks, providing service updates, contact details, and a feature piece on different substances to raise awareness amongst children and young people.



ABOUT US

We provide support for Warwickshire children and young people under 25 who are vulnerable to substance use or have been affected by another's substance use. The service is free and confidential.

ADAPTED SERVICES DURING COVID-19

We continue to support our children and young people, using different forms of media to keep in regular contact. We are still accepting new referrals through the usual means. We would like to thank everybody for their co-operation during these times. We are now starting to see our young people again with social distancing in place. We are now also delivering drug awareness within schools.

If you are worried about a friend, family member or yourself and are after some more information, please get in touch:

Service mainline: 01788 578 227

Text ChatHealth: 07507 331 525 (for ages 11-19)

Email: compass.warksypsduy@nhs.net

Instagram: @compasswarksyp

QUICK TIPS: STAYING SAFE

Always look out for your friends, don't give in to peer pressure, and always call 999 in an emergency!

TOPIC 13: DRUG ALERT

Compass have become aware of the recent and increasing use of a certain type of drug being used amongst young people. These are cannabis infused sweets. These sweets can contain high levels of THC, the psychoactive substance found in cannabis. They may also contain CBD. These are usually bought online by young people and are mostly American sweets such as nerds and sour patch kids.

THE EFFECTS

The effects of these sweets can vary due to the differing amounts of THC and CBD. THC will make a person high and can make a person hallucinate, it can also cause a person to become quite paranoid and anxious.

CBD is the component that will make a person feel relaxed and calm. However, with the varying amounts of CBD and THC in the sweets, there may also be other effects. The effects will also last a lot longer as the sweets are being eaten.

THE RISKS

In the past week or so, these sweets have been in the news due to several young people from a secondary school being taken to hospital after consuming several sweets.

Risks may include young people unknowingly taking the sweets, mistaking them for normal sweets. It is important to check the packets as they should provide you with any information or indicators to say if they are infused with CBD OR THC, this may be stated in percentage or mg.

