



Issue 16



Welcome to the latest issue of THE Buzz. We have been working from home as outlined by the government guidelines, however we have also been working hard to continue to support schools throughout the Covid 19 epidemic. We hope you have been enjoying the resources we have been producing. The team have been working tirelessly to produce helpful and supportive resource packs to send out to schools and to be shared with parents at home. You can also find access to some of our resources here on the [Compass Website](#).

Compass BUZZ Training ONLINE

"I've just done the webinar with Paul- to get signal I had to sit in the field at the back of our house with the sheep! It was well worth it and wanted to say thank you!!! It was fantastic - thank you Gemma Pawson Kirkby Malzeard"

We have been buzzy behind the scenes getting ready to offer our levels 1, 2 & 3 training and wellbeing champions packages via webinar, providing even more opportunities for staff to get **FREE** professional training in mental health and wellbeing. Register for your training on our website [HERE](#) to see upcoming dates.



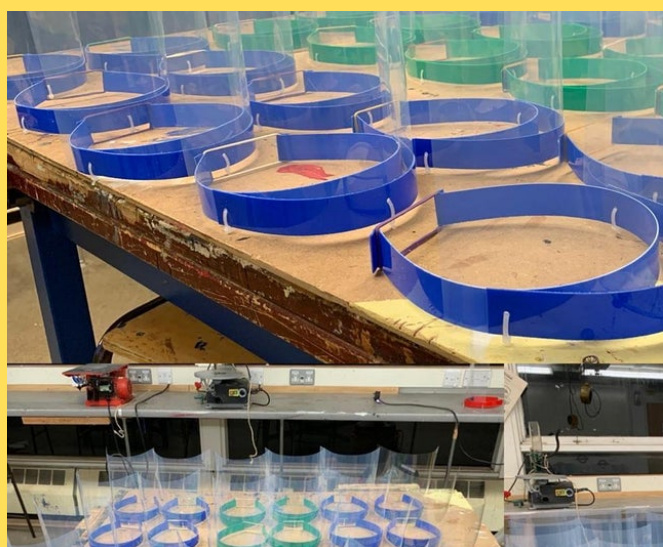
There have been some great videos of school staff that have been posted online to raise a smile. Check out the staff at [Ingleton Primary School](#) with their rendition of 'Valerie'. Or have a look at this great video from here [Sowerby Primary Academy](#) as headteacher Miss Ungrechts tries to ensure she has all the ingredients for cookies, with a little help from her friends...

Multi Lingual HT Rocks



Grove Road Community primary have been holding online celebration assemblies, in this video, headteacher Chris Parkhouse, greets them all in all the languages spoken by children at their school on video [here](#).

Innovative education



Scarborough College Design and Technology teacher Emma Speake, has created a simple face mask to help protect front-facing NHS workers from the coronavirus. Read more about it [here](#)

Schools supporting NHS



School staff at Belmont Gosvenor school in Harrogate have been making face mask extensions along with a community initiative to support #NHSCovidheroes. Another fantastic example of how people are pulling together using innovation and kindness. Compass BUZZ salute you. Check their twitter here [@BelmontGosveno](https://twitter.com/BelmontGosveno)

Bringing a little colour in school

The pupils at Thomas Hinderwell Primary Academy in Scarborough have been decorating, check out their fabulous rainbow! Why not go over to twitter and give them a nudge.. Well done [@ThomasHinPri](https://twitter.com/ThomasHinPri)



**Tweet us
your rainbows**

[@Compass_BUZZ](https://twitter.com/Compass_BUZZ)

April is Stress Awareness Month

Arthur (9) who goes to Bedale Primary, is one of our Compass BUZZ babes, here he talks about stress and describes what you can do to relieve the impact of stress at this time. Watch the video [here](#). Why don't you try some of the techniques, or suggest some more to Arthur!

Tweet us [@Compass_BUZZ](https://twitter.com/Compass_BUZZ)

Postie Noughts & Crosses



Another BUZZ Baby, Bella from Sowerby Primary Academy is playing noughts and crossess with her postie following a news story online. Heres a download to send to parents and stick on their door. Or why not stick one on your school door and play a game with them, click [here](#) for the download and post it on twitter and dont for get to tag us in [@Compass_BUZZ](#)

Young People Can Still BUZZ US

During this difficult time of lockdown, we know it can be a struggle for young people feeling uncertain about what is happening. Our BUZZ US text messaging service is still available for young people aged 11-18 to message in about concerns or ask advice to help support their mental health and wellbeing.

TIMES

Monday - Thursday 9am - 5pm

Fridays 9am - 4.30pm

(excluding Bank Holidays)





A Word From Lisa

Compass REACH/BUZZ Service Manager

We find ourselves in unprecedented and strange times indeed. All services are having to adapt quickly to new rules and expectations as we face the challenge of coronavirus.

This can be challenging and stressful. We all have anxieties about COVID-19 and its potential to impact on us and our families, about how we must adapt to keep ourselves and those around us as safe as possible and how long we will be expected to continue living and working under these exceptional measures, so it makes me extremely proud to see the response from both my Compass colleagues and our wider partners in children and families services, mental health services, universal services, other charities and, of course, our amazing colleagues in the education sector.

Everyone has responded by keeping the best interest of children and young people at the heart of everything we do - a true testament to the flexibility, adaptability and resilience of our workforce's.

I want to thank all school staff throughout North Yorkshire for your continued support of our project and assure you of our ongoing commitment to provide support to schools throughout these challenging times.

Together we will get through this - see you on the other side...until then stay safe and take care.

Editors Last Word

A Prayer For The Pessimist

Heres to hope and all it brings,
A friendly smile, a heart that sings.
When the day ends full of pain,
Look for sunshine, behind the rain.
Look for blossoms amidst the weeds,
Discern your wantings, from your needs.
Don't say farewell with sad regret,
Remember instead, the day you first met.

